

Acton Council on Aging Board Meeting Minutes for January 9, 2012

Present: Barbara Tallone, Chair; Charlie Aaronson, Vice Chair; Ann Corcoran, Treasurer; Sharon Mercurio, Director; Pat Ellis; Sally Thompson; Paul Turner; Mike Gowing, Liaison Board of Selectmen; Sgt. Ray Grey, Liaison Police Department.

Absent: Barbara Willson, Secretary; Steve Baran; Jim Papachristos; Norma Wu, Liaison Friends of the COA.

Call To Order: Barbara Tallone

The meeting was called to order by Barbara Tallone at 3:45 on January 9, 2012 at the Senior Center.

Items Distributed at meeting or available electronically:

Agenda for COA meeting

Minutes of the COA Board meeting of December 12, 2011

Director's Report

Quarterly Budget

Review of the Minutes of December 12, 2011

The minutes of the December 12 meeting were read, amended, and accepted.

Director Report: Sharon Mercurio

(distributed)

Sharon continues to attend Department Head meeting, Directors' meeting, and Senior Center Building Committee meetings. A member of her staff attended a Minuteman presentation on senior bullying.

She reported that the senior center had an average of 75 people per day enter the building through the front entryway in December.

Podiatry Clinic will be held twice in January.

The following programs are highlights for the month of January:

Memory Preservation – January 19

Travelogue Presentation – January 26

Coping with Loss Support Group will meet monthly starting January 27.

Senior Center Building Committee Report: Sharon Mercurio

The Senior Center Building Committee goes before the Board of Selectmen this evening to present their findings and recommendations.

Sharon also plans to invite Acton officials and interested citizens to view senior centers in neighboring towns.

Christmas Luncheon: Ann Corcoran

The holiday luncheon sponsored by the COA Board was held on December 13, 2011. It was a great success. The food was fabulous, the decorations were festive, and Santa made a jovial appearance. Thanks to all who made the event a success.

Liaison Reports:**Friends of COA: Norma Wu**

Norma Wu is absent. Sharon Mercurio informed the board that the Friends of the COA raised \$2500 with their holiday craft fair and have thus far received \$7,198 in donations through their end of year appeal.

Minuteman Senior Services: Charlie Aaronson

Minuteman is promoting Healthy Aging Programs. They are looking for volunteers to lead the programs. Acton Medical Associates will host the following Minuteman programs on the following dates:

Diabetes Self-Management – Beginning February 1 and continuing each Wednesday for 8 weeks.

A Matter of Balance – Beginning April 4 and continuing each Wednesday for 8 weeks.

My Life My Health – Beginning June 27 and continuing each Wednesday for 8 weeks.

Liaison Acton Police Department – Sgt. Raymond Grey

The Acton Police Department continues to work closely with social work, nursing, and the Council on Aging to provide assistance to seniors as needed. Tragically, recently a 95 year old man ran over his 94 year old wife at a Mall on 2A. She is recovering. The Acton Police and emergency workers assisted in her safe transit to a hospital. The Acton Police remain vigilant in assisting seniors who are victims of telephone or email scams.

Active Acton: Barbara Willson

There is no report as Barbara Willson is absent.

New Business:**Senior Legislative Issues: Pat Ellis**

There are no updates to present.

Barbara Tallone:

Requested that members bring to the February Board meeting their ideas for an expanded role for the COA Board. For example, advocating for senior tax relief or fuel relief.

The Board suggested to Sharon that she invite the state representatives to meet with seniors at the senior center to address concerns of seniors and update seniors on current issues.

Adjournment-Next Meeting: Barbara Tallone

The meeting adjourned at 4:41p.m. The next meeting will be Monday February 13, 2012 at 3:45 P.M. at the Senior Center.

Respectfully submitted,

Sally Thompson (acting for Barbara Willson, Secretary)

